



RWBR NEWS

Republican Women of Baton Rouge Newsletter

September 2018

President's Message

!SEPTEMBER 11, 2001

Everyone probably remembers where they were when the first planes hit. I was at work and watched the television at our office in absolute horror that this was really happening. Is this a joke? Is this a movie? NO, it was very, very real. Where were you? All of us prayed for the people on the planes, in the Pentagon and in the Towers and First Responders. We will never be able to thank those who gave their lives, were injured or lost loved ones. They say there is "seven degrees of separation" in that all of us are connected. Someone in my office that day lost his sister in Tower 2 and I'm sure each and every one of us could also find a connection. Today we celebrated and gave thanks to our First Responders. Please include them in your prayers each and every day.

At our August meeting we had Congressman Garrett Graves come and speak to our group. He spoke on a variety of topics including the Diversion Canal Project, Flood Insurance, Sanctuary Cities, Medicare and the struggle of to gain respect for the authority and support and back-up safety for Law Enforcement nationwide.

We also heard from Jill Dyson, Candidate for School Board and Joshua Roy, Candidate for City of Central City Council. Donna Phenald representing Nephure spoke to us about their upcoming event. Delacey Joseph spoke to us about the Dream Big, Be Elite Program.

Wanda Aizpurua gave us an update on the Biannual Convention that will be held March 29-31, 2019 in Baton Rouge.

In October 4th, 2018, we will host a Secretary of State forum. It will be held at the State Archives building on Essen Lane. Five out of the Six Republican candidates have confirmed. We will also be co-hosting with Ascension, East Baton Rouge and Livingston Republican Women.

On October 5th, we will be sponsoring a Stand Down for the Magnolia Veterans Home on Florida Blvd. For more information please contact me.

Our next meeting is Wednesday, September 26th. Doors open at 11:00am. We will have several members of the Baton Rouge City Council speaking.

Hope to see you at the next meeting!!!

Cathy M. Craddock, RWBR 2017-2018 - President

HAPPY BIRTHDAY!

Dina Leon 9/7

REMEMBER: Our Luncheon/Meetings have been moved to Drusilla Seafood

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Important Dates!

September 26th—Monthly Luncheon/Meeting

October 24th—Monthly Luncheon/Meeting

October 4th—Candidate Forum for State Treasurer

November 14th—Monthly Luncheon/Meeting (1 week early)

December 5th—Christmas Party

The **Republican Women of Baton Rouge** meet every 4th Wednesday of the month. Meetings are at **Drusilla Seafood** on Drusilla Lane at Jefferson Highway. Doors will open at 11:00 a.m. for a “meet and greet”, and meeting will be called to order at 11:30 a.m. The cost is \$20 and includes your meal and drink.

Please RSVP to dinal@performance-br.com if you plan to attend. We accept cash, checks and credit cards through



2018 Officers

Cathy Craddock, President

Ute' Cress, 1st Vice President

Linda Hull, 2nd Vice Pres.

Dina Leon, Treasurer

Cathy Childers, Corresp. Sec.

Sandra Winn, Rec. Secretary

Pam Myers, Chaplain

Lynda Clune, Bd. Mem. At Large



Cathy Craddock, President

JOIN US

On September 26th

**WE HAVE INVITED OUR
COUNCILMEN TO JOIN
US!**

UPCOMING EVENTS

OCTOBER 4, 2018 CANDIDATE FORUM FOR STATE TREASURER

STATE ARCHIVES BUILDING, ESSEN LANE

6:00—8:00 PM

PARTICIPANTS: Kyle Ardoin, Heather Cloud, A.G. Crower, Rick Edmonds, Julie Stokes

NFRW & LFRW EVENTS

SEPTEMBER 12-15, 2018 NFRW FALL BOARD MEETING

ALEXANDRIA, VIRGINIA

THE WESTIN ALEXANDRIA

OCTOBER 12-13, 2018 LFRW SPRING BOARD MEETING

KENNER, LA

HILTON GARDEN INN & PONTCHARTRAIN CONVENTION CENTER

JANUARY 16-17, 2019 NFRW REGION 5 MEETING

NEW ORLEANS, LA

LEPAVILLION HOTEL

JANUARY 18-19, 2019 SOUTHERN REPUBLICAN LEADERSHIP CONFERENCE

KENNER, LA

PONTCHARTRAIN CONVENTION CENTER

AUGUST MEETING





AMERICAN HERITAGE

“There is something about the outside of a horse that is good for the inside of a man.”

The quote is often attributed to Winston Churchill but, as many pithy quotes as the magnificent statesman made, these words can't be directly placed in his mouth. They can however be proven to have emanated in one form or another from many another personage, including our own All American Cowboy, Will Rogers. His take was, “The best thing for the inside of a man is the outside of a horse.”

Whoever first made the observation isn't important. The truth of it is, and I am able to personally attest to its veracity. Equine Therapy is the embodiment of the sentiment and is employed in a worldwide series of programs tailored to nearly every kind of physical, mental and emotional issues that can affect human beings at every age level.

I was reminded of this recently when I read an article that quietly shouted its efficacy in the treatment of PTSD in our military veterans, some of whom have suffered for decades from the traumas they incurred in Southeast Asia. This particular program reported that as little as six one hour sessions over the course of six weeks wrought nothing less than miracles in the veterans, and was so effective that some of the vets subsequently became involved on an active level to work with incoming participants.

When my daughter was a young teenager she begged for riding lessons. We happily complied and on her first afternoon I discovered the concept of Equine Therapy. As is the problem with any altruistic program, they were always short on funds as well as willing able bodies. I was entranced and immediately volunteered to do whatever was necessary around the barn to care for the animals. Within a week I also had volunteered to work with the riders and instructors. I never for an instant regretted my spur of the moment (no pun intended) decision.

There are many things that make this kind of interaction work from the first time a human is matched with an animal. In the case of equines some are obvious, such as the facts that horses are social creatures who crave companionship. When approached properly they are eager to accept us as a leader. Despite the fact that we are predators and they are prey animals, they willingly bond with a human who is calm and still masterful. It's literally a match made in heaven, because there can be no doubt that besides the physical and mental benefits, any interaction with God's creations can only benefit us spiritually.

The program I was involved with was aimed at benefiting children with a variety of mental and physical challenges. It was intense, it was exhilarating and it was the most rewarding thing I have ever known. It led me to my own horse and for nearly 15 years I was privileged to interact with him on a daily basis. Simply cleaning his stall while he ate, the two of us renewing our bond in the quiet of the early morning afforded me a serenity I long to recapture, so I have no trouble believing that troubled vets can so readily respond to such a program.

Children are generally the go-to target group, and there is no question that they are important beneficiaries. But sometimes adults are brushed aside as being self sufficient and less in need. Our warriors are wounded, even if they have no visible scars or heroic medals to advertise their injuries; some more grievously than others.

We need of more programs structured for their healing whether with the partnership of equines or another species, but it is an expensive and labor intensive, training specific enterprise which, sadly in most cases, has little or no community awareness or outside support.

The month of June is PTSD Awareness Month. The following links represent only a few programs.

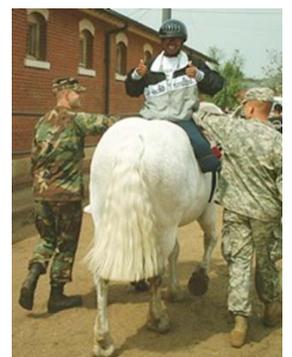
<https://www.militarytimes.com/veterans/2018/03/07/veterans-with-ptsd-are-turning-to-horses-for-healing/>

<https://www.va.gov/HEALTH/NewsFeatures/2017/May/Veterans-Conquer-Depression-with-Equine-Therapy.asp>

<https://www.pathintl.org/path-intl-centers/path-intl-centers/start-heroes-program>

Sandra Winn

American Heritage



Announcements

WE WANT YOU!!!!

PLEASE REJOIN REPUBLICAN WOMEN OF BATON ROUGE FOR 2018!

PLEASE FILL OUT A NEW APPLICATION SO WE CAN ENSURE YOUR INFORMATION IS CORRECT. THANK YOU.

\$35.00



LIKE US ON
FACEBOOK!



Republican Women of BR

The Republican Women of Baton Rouge was chartered in 1999 as an affiliate club of the Louisiana Federation of Republican Women (LFRW) and the National Federation of Republican Women (NFRW). Our club belongs to Region 6 of the LFRW. Members of our club automatically become members of the state and national clubs. A portion of your membership dues goes to these clubs.

The Republican Women of Baton Rouge is an organization of women committed to promoting voluntarism, developing the potential of women and to improving the effectiveness of women in the cause of good government.

OUR GOALS:

- To elect Republicans to local, state and national offices.
- To recruit women into the Republican Party.
- To bring women together to positively impact our nation, state and community.
- To identify and lobby for Republican initiatives and ideas.
- To foster loyalty to the Republican Party.

Our club exclusive Garden Flags & Louisiana Note Cards!

Garden Flags—\$20.00

Louisiana Note Cards—\$10.00 pack of 10



Contact Us

Give us a call for more information about our club & what we do!

Cathy Craddock

225-603-7611

Dina Leon

225-921-7531

Ute' Cress

225-939-9619

Email—
dinal@performance-
br.com

Visit us on FACEBOOK &
LIKE OUR PAGE!

SPONSORS



CATHY M. CRADDOCK
ABR, CIAS, CDPE, CRS, GRI, SFR, SRES, SRS

CELL: (225) 603-7611
CATHYMC10@COX.NET

MIKE WALKER
& ASSOCIATES REAL ESTATE CO., LLC

4354 S. SHERWOOD FOREST BLVD., SUITE D-145
BATON ROUGE, LOUISIANA 70816 | OFFICE: (225) 291-1117

Logos for various real estate and professional organizations: R, ABR, CIAS, CDPE, CRS, GRI, SFR, SRES, SPS.



REPUBLICAN WOMEN OF BATON ROUGE

Chartered 1999

2018 Membership Application

(Must be Registered Republican - please print and mail)

Name: _____ Spouse: _____

Address: _____ Apt: _____

_____ Zip: _____

Home Phone: _____ Work: _____ Cell: _____

Email: _____ Fax: _____

Employer (if applicable): _____

Birthday: Month _____ Day _____ Registered Republican? _____

Involvement in club memberships, church, school, fraternal, civic activities

Volunteer Interests
(Check your interests.)

- | | |
|---|---|
| <input type="checkbox"/> Membership Recruitment Committee | <input type="checkbox"/> Campaign/Volunteer Hours Committee |
| <input type="checkbox"/> Fund Raising Committee | <input type="checkbox"/> Patriotism Committee |
| <input type="checkbox"/> Community Service Committee | <input type="checkbox"/> Literacy Committee |
| <input type="checkbox"/> Cap-Alert Committee/Legislation | <input type="checkbox"/> Website |
| <input type="checkbox"/> Awards Committee | <input type="checkbox"/> Other Interest: _____ |

Dues:

- Renewal \$35.00 New Member \$35.00 T-shirt \$15 S M L Associate Member \$25.00
(circle size)

Referred by: _____

Make checks payable to **RWBR**. Send application and check to the following address:

Dina Leon, Treasurer
1664 Silliman Drive
Baton Rouge, LA 70808

You may also submit your application at a monthly luncheon held each 4th Wednesday.